Meeting called to order at 10:00am by Jennifer Vincenzo.

Executive Committee Members Present:
Jennifer Vincenzo (Chair)
Heidi Moyer (Secretary)
Haim Nesser (Co-Clinical Liaison)
Elizabeth Wang-Hsu (Outgoing Research Liaison)
Anne Reilly (Nominating Committee- Senior Member)
David Taylor (Community Outreach Liaison)
Angela Onyekanne (Public Relations Liaison)
Holly Bennett (Student Liaison) - via telephone

Executive Members Absent with Regrets:
Shweta Subramani (Vice-Chair)
Maria Boggio (Nominating Committee- Junior Member)
Stefanie Bond (Co-Clinical Liaison)

Other guests present:
Lori Schrodt (APTA - Geriatrics, Balance and Falls Credentialing Course)
Greg Hartly (APTA Geriatrics President)
Beth Black (Western Regional Coordinator- APTA Geriatric State Advocate Program)

Total Number of People in Attendance: 48
1. Welcome to all SIG members
2. Introduction of Officers
3. Summary of Efforts in Past Year
   a. New Executive Board
i. **Elected Positions**
   1. Chair: Jennifer Vincenzo
   2. Vice-Chair: Shweta Subramani
   3. Secretary: Heidi Moyer
   4. Nominating Committee- Junior Member: Maria Boggio

ii. **New Liaisons**
   1. Co-Clinical Liaison: Stefanie Bond
   2. Community Outreach Liaison: David Taylor
   3. Student Liaison: Holly Bennett

iii. **Outgoing Liaisons**
   1. Research Liaison: Elizabeth Wang-Hsu

b. **Tri-Alliance**
   i. With other APTA sections
      1. Between the respective Academy’s Balance and Falls Special Interest Groups
         a. Geriatrics: Jennifer Vincenzo
         b. Neurology: Julie Schwertfeger
         c. Oncology: Earline Croarkin
      2. Presenting Saturday 11-1 on their efforts together

c. **Collaborations**
   i. CDC
      1. Thanks to David Taylor
      2. Bridging the gap with community referrals between screening and evidence based community programs

ii. NCOA

d. Toolkits
   i. NFPAD:
   ii. Outcome Measures Toolkit

e. CSM programming
   i. Sponsored 3 programs
      1. Thursday, Feb 13th, 3-5PM, TUG and Beyond! The Geriatric Balance and Falls SIG Outcome Measure Toolkit (Presented by SIG Taskforce)
      2. Saturday, Feb 15th, 8-10AM, Foot and Ankle: The Often-Forgotten Fall Prevention

4. **Current Resources**
a. SIG Quarterly Newsletter (JV)
   i. Have quarterly calls for the executive committee as well

b. Student Highlight (HB)
   i. Highlight every other month
      1. Up to date literature reviews
      2. Focus on student activities
      3. Tips on how to include students in projects

c. Monthly Challenge (HN and SB)
   i. Currently have 206 subscribers
   ii. New topics for 2020:
      1. January: Can there ever be a “No Fall Risk”
      2. February: The 3 D’s (Depression Dementia, & Delirium) & How it Relates to Falls
      3. March: Fall History and Associated Physical Performance Measures in Competitive Senior Athletes
      4. April: LSVT BIG vs. Parkinson’s Wellness Recovery (PWR!) to Decrease the Risk of Falls
      5. May: Exercise Recommendations for Older Adults
      6. June: The Role of Polypharmacy in Fall Risk Among Older Adults
      7. July: Gearing Up for Fall Prevention Awareness Day: Simple Ways You Can Make A Difference in Your Community
      8. August: Outcome Measures to Predict Risk of Falls in the Skilled Nursing and Long Term Care Settings
      9. September: Effectiveness of Community Balance & Fall Prevention Programs
     10. October: Evidence Based Interventions for the Aging Adult
     11. November: Technology: Applications & Devices To Keep Our Older Adults Safe & Active
     12. December: Executive Functioning & Its Correlation to Falls
   iii. To become a member of this mail list, email us at AGPTbalanceandfallssig@gmail.com and request to be added

d. NFPAD Toolkit (HN and HM)
   i. Chaired by Haim Nesser
   ii. How to guide for how to produce an event from scratch
   iii. Will be used the the APTA centennial for marketing
   iv. Free to members and non-members
      1. https://geriatricspt.org/special-interest-groups/balance-falls/nfpad/

e. Outcome Measures Toolkit (EW)
   i. Chaired by Elizabeth Wang-Hsu
ii. Purpose was to create a review of current literature to spark debate and critical thought on current research body on our most beloved and most commonly used outcome measures

iii. Free to members and non-members

f. BFSIG Biweekly Blurb (HM): highlight a journal article every 2 weeks
   i. All SIG members will automatically receive this email
   ii. Way to stay connected to current research and important articles
       1. Open access articles so all people can read the research

5. Student Involvement in Falls Prevention (DT)
   a. Use your resources
      i. Libraries are a great way to advertise for access to older adults
      ii. Reach out to David if you have specific questions or comments about resources related to this
      iii. Students at CDC (dual MPH/DPT program)

6. Lori Schrod - Balance and Falls Credentialing Course (NOT A BFSIG PROGRAM)
   a. 2 course sequence
      i. Assessment and intervention both clinically and in the community setting
      ii. Two classes scheduled for 2020
         1. Madison, WI (May and August)
      iii. More Info here
         1. https://geriatricspt.org/events/courses/Balance%20and%20Fall%20Prevention%20in%20Community%20Dwelling%20Older%20Adults/

7. Greg Hartly - APTA Geriatrics President
   a. APTA National is going to be shifting the whole choose PT campaign in the next few months
      i. He and many others are lobbying for the new topic to be falls along with neurology and oncology

8. Beth Black - State Advocates
   a. Open positions
      i. Rhode Island
      ii. Louisiana
      iii. Missouri
      iv. Kansas
      v. Utah
      vi. Arizona
      vii. Alaska
b. For more information
   i.  https://geriatricspt.org/members/state-advocates/

9. New/Upcoming Resources
   a. Please contact us to let us know what you would like to see.

10. Open Volunteer Positions
    a. Research Liaison
    b. Technology Liaison
    c. Outcome Measures Toolkit revision task force
    d. NFPAD Toolkit revision task force

11. Break Out Discussions/Meet with an Executive Committee Member (last 15 min of meeting)
    a. Jennifer: Technology/Technology Liaison
    b. Anne: Volunteer for SIG Projects
    c. Heidi: Signing Up for Monthly Challenge mailing list, Info on joining the SIG
    d. Haim: Monthly Challenge Program and NFPAD Toolkit questions
    e. Elizabeth: Outcome Measures Toolkit/Research Liaison
    f. David: Getting Connected in Community/Continuum of Care After PT
       i. Student involvement in falls prevention
    g. Angela: Connecting via Social Media
    h. Lori Schrodt: Balance and Falls Credentialing Course

Meeting called to close at 1038am by Jennifer Vincenzo for breakout sessions.