



# Section on Geriatrics, APTA 2014 Regional Course

**Kansas City, MO • May 31 - June 1, 2014**

## Manual Physical Therapy for the Geriatric Patient

**- 15 Contact Hours -**

Truman Medical Center  
Kansas City, Missouri

*Presented by: Carleen Lindsey, PT, MScAH, GCS, CEEAA*

This 2 day course is designed to give experienced therapists a practical approach to manual therapy interventions for the geriatric patient. The introductory lecture reviews the aging process highlighting musculoskeletal and soft tissue mechanics.

Assessment approaches for tissue flexibility and trunk muscle strength will also be presented. Lab sessions and demonstrations will feature flexible curve kypholordosis measurement, muscle energy techniques for spinal, rib, and SIJ dysfunctions, joint mobilization for shoulder, hip, foot and ankle, myofascial and tender point releases, PNF with deep tissue mobilization, manual therapy with contract-relax and passive physiological intervertebral mobilization.

Detailed video and slide case presentations, as well as class member examples will be utilized for specific clinical problem solving. The personal mechanical health of the individual participant will be addressed throughout the course. Patient case studies will assist the therapist in developing an overall comprehensive treatment approach by appropriately combining tissue and postural assessment, manual therapy techniques, and exercise programs. This course has been designed for the therapist to immediately apply the information in the clinical setting to geriatric patients with restrictions that can be addressed through a variety of manual therapy interventions. This is a clinically comprehensive "hands-on" workshop.

### Course Pricing

Register on or before April 30, 2014 to receive the Advance Deadline Pricing.

	If You Register on or Before April 30	If You Register After April 30
Section on Geriatrics Member	\$315	\$365
APTA Member	\$375	\$425
Non-Member	\$435	\$485

### Additional Information

Watch for updates at [www.geriatricspt.org](http://www.geriatricspt.org)

See Other Side for

Regional Course Registration Form





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My Total \$ \_\_\_\_\_

**Not a Member Yet?** If you would like to join the Section on Geriatrics to get the member rate, Please contact APTA Membership Department at 800/999-2782, ext. 3395, or visit [www.apta.org](http://www.apta.org) and click "Join." Section on Geriatrics membership is \$45 for PTs, \$35 for PTAs and \$ 15 for students. You can read more about the benefits of joining the Section on Geriatrics at [www.geriaticsppt.org](http://www.geriaticsppt.org).

**Please fill out form below to register. PRINT clearly.**

\_\_\_\_\_  
 Name Credentials APTA Member #

\_\_\_\_\_  
 Address

\_\_\_\_\_  
 City State Zip Code

\_\_\_\_\_  
 Daytime Phone # Email

Method of Payment:  Check (payable to Section on Geriatrics)  VISA  MasterCard  Discover

\_\_\_\_\_  
 Credit Card # Expiration Date 3-Digit Code

\_\_\_\_\_  
 Billing Address (if different than above)

\_\_\_\_\_  
 Signature

**CANCELLATION POLICY:** Requests for cancellation must be received in writing three weeks prior to the course. Registration will be refunded in full less a \$50 administrative fee. In the event that the course should be cancelled, registration will be refunded in full. The Section on Geriatrics reserves the right to cancel the course up to two weeks prior to the course. In the event of cancellation due to circumstances beyond our control, the Section on Geriatrics is not responsible for expenses incurred by registrants, including but not limited to the cost of airline tickets, other travel, food or room.

Please mail or fax your registration and payment to:  
**Section on Geriatrics, APTA**  
 3510 East Washington Avenue • Madison, WI 53704  
**1-866-586-8247 • Fax: 1-608-221-9697**