Dear New SIG Member:

Welcome to the Academy of Geriatric Physical Therapy Health Promotion and Wellness Special Interest Group (HPW SIG)!

The purpose of the HPW SIG is to provide a forum for physical therapy professionals who have an interest in health promotion and wellness in older adults. The HPW SIG works collaboratively to promote incorporation of wellness into the lives of all older adults through education, clinical practice, community involvement, and research.

The SIG has a page on the Academy of Geriatric Physical Therapy website, where we post helpful resources, new information, and research blasts. Bookmark the SIG direct links for ready access! The SIG also hosts a business meeting and program at the Combined Sections Meeting (CSM) every year in January/February, which we hope you will consider attending. We are always looking for suggestions for program topics, so please let us know if there is a health promotion and wellness topic you think would be a good fit for CSM.

We strongly encourage you to join the Academy of Geriatric Physical Therapy listserv, which serves as a discussion forum for PTs and PTAs to ask questions and share information. The HPW SIG also posts communications to the listserv for advocacy and educational opportunities, research blasts, and other new and noteworthy information. Every post regarding health promotion and wellness will raise awareness in the PT community about this important area, so we encourage you to participate!

Please forward any suggestions for programming and SIG activities to me at lschrodt@email.wcu.edu. Your ideas are most welcome. We are always looking for ways to expand the scope of the SIG, and I look forward to your participation and contribution.

Sincerely,

Lori Schrodt, PT, PhD
Health Promotion and Wellness SIG Chair